

St. Mary's

Church of England Primary School
Kirkby Lonsdale

Kirkby Lonsdale Community Awards

Nominate someone in the community for our
Inaugural Community Awards

St Mary's CE School wants to celebrate our
amazing community heroes who make a
difference in our local area.

Help us by nominating people in our
community.

<https://eu.jotform.com/form/250145255364352>



Honesty



Trust



Responsibility



Perseverance



Respect



Dear Parents and Carers, - Safer Internet Day

As part of our ongoing commitment to ensuring the safety and wellbeing of our students, we would like to take this opportunity to highlight the importance of internet safety and offer guidance on how you can support your child in navigating the online world. In today's digital age, the internet plays a central role in our lives, offering numerous opportunities for learning and connection.

However, it also presents risks, including exposure to inappropriate content, cyberbullying, online predators, and privacy concerns. As part of our safeguarding responsibilities, we aim to work in partnership with you to ensure that your child is using the internet safely and responsibly. We are mindful of current situations – particularly in Year 6 and previous incidents, where children at home are not behaving appropriately online and are potentially vulnerable to abuse online.

Here are some key actions you can take to help protect your child online:

- 1. Monitor Online Activity:** Regularly check your child's internet history, social media accounts, and the apps they use. Familiarise yourself with the platforms they engage with and encourage open discussions about their online experiences.
- 2. Privacy Settings:** Ensure that your child's devices and accounts have the appropriate privacy settings in place. Most social media platforms allow users to set their profiles to private, which limits who can see their posts and information.
- 3. Encourage Open Communication:** Create an environment where your child feels comfortable discussing any concerns or uncomfortable experiences they may encounter online. Reassure them that they can always come to you without fear of being judged or punished.
- 4. Set Boundaries:** Establish clear rules about the amount of time your child spends online and the types of websites they are allowed to visit. Encourage a healthy balance between screen time and offline activities.
- 5. Be Aware of Online Risks:** Stay informed about the risks of online gaming, social media, and messaging apps. Cyberbullying, grooming, and inappropriate content are real threats that can affect young people, so it is essential to stay vigilant.
- 6. Use Parental Control Tools:** Many devices and apps have built-in parental controls that allow you to limit screen time, block inappropriate content, and track your child's activity.

Explore these tools to provide an added layer of protection.

- [Keeping children safe online | NSPCC](#),
- <https://www.childnet.com/>
- <https://www.ceopeducation.co.uk/> for additional resources and advice on internet safety.

These sites offer comprehensive guides and practical tips to support you in keeping your child safe online. If you have any concerns or would like further advice, please do not hesitate to contact us. Our school is committed to supporting you in ensuring that your child's online experiences are safe, positive, and enriching

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Speech Therapist

At St Mary's CE School, we are excited to announce that we have made a significant investment in enhancing the support we provide for children with speech difficulties. Through a partnership with The Christopher Robin Trust and the financial support of our Governors, we have secured the services of a dedicated speech therapist this year. This initiative will offer invaluable assistance to children who require targeted support with their speech development, while also equipping both staff and parents with the tools and strategies needed to address specific needs effectively. We believe this investment will greatly benefit our students and help ensure they receive the best possible care and guidance on their learning journey.

Changes to Addresses, Emails and Phone Numbers

If you have moved house, changed your phone number and/or contact details, please can you update your Arbor App so that we can make sure we have the correct details. This is especially important in emergencies and for sending out information.

Parent Consultations and Parent Visit

For anyone new to school, we have chosen to do online parent meetings which allows us to keep to time and allows working families to access parent meetings more easily. We also then provide an opportunity to come into school to look at work. Parent consultations will take place on the week beginning **3rd March**. Visits in class to look at work and discuss achievement with your child will be in the week beginning, **March 17th**.

How will you be able to book? Look out for an email from [Mr Bromley](#) this week and you will get a link for School Cloud to book a slot with the class teacher.

School Lunches – order now!

Can you please order any school dinners for after half term as soon as possible, so that we can order the right amount of food for the first week back after half term.

Young Voices

We look forward to taking our children to Young Voices on the Monday after we get back from half term break. Mrs Hackett will arrange T Shirt distribution and please remember the correct food for the day. We look forward to seeing so many parents coming to the event as well as over 80 children!

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Hedgehog Cafe

Come and enjoy creative workshops, coffee and chat
themed around the Houghton Hedgehogs

Wednesday 19th February
Drop in any time between 11:30am - 2pm
Gosling Sike, Houghton Road, Houghton, CA3 0LD

Come and learn about the hedgehogs that use Gosling Sike year round. Volunteers Gary and Teri Norman will demonstrate their work in caring for these vulnerable garden visitors.
Writer in residence Susan Cartwright-Smith will bring their personalities to life with a creative workshop.
Suitable for all ages.



All day from 11:30am - 2pm:
Free hot drinks, juice and cakes.

See how hedgehogs are cared for, and take part in creative workshops with resident writer.

13:30 - 14:00: Hedgehog talk



Free!

Question? Contact the organiser:
Lizzy Benn, Cumberland Community Officer

Email: lizzyb@cumbriawildlifetrust.org.uk
Phone/whatsapp: 07741858382



www.cumbriawildlifetrust.org.uk

Registered Charity No. 280711

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