

07.02.24

St. Mary's

Church of England Primary School
Kirkby Lonsdale



Honesty



Trust



Responsibility



Perseverance



Respect



Dear Parents and Carers,

It has been lovely to see the children in non-uniform today, expressing themselves as part of **Children's Mental Health Week**. All around the country, primary and secondary schools are discussing and exploring mental health. We have explored how to stay resilient, eat well, stay physically active, socially connected, discussing issues and many other issues to help the children be proud of who they are and ensure they stay mentally resilient when things get tough. Thank you for embracing today so positively and I hope it has led to some fruitful conversations at home.

We have various **House Competitions** this week, **Spelling Bee** and **Cross Country** being two of them. These events, especially at this time of year, provide a helpful distraction to the cold and dark days of January and help us launch into February.

For those families not going away for half term, the PTA **Wine Evening** is proving to be popular, they do have a few tickets left so please get in touch if you want to attend. It will be a fantastic night.

Year 5 have been set a **TT Rockstars Challenge** against Y6 – Let's see who wins! Equally, Year 3 are competing against Y4 this week. The end of the challenges is on Feb 14th (Valentines Day).

Today is **World Read Out Aloud Day** and on this annual event, we hope it will trigger a thought to enjoy reading together as a family just for the sake of it. Some people find the thought of doing this uncomfortable but the day is designed to say – have a go and have fun. The difference it makes can be transformative, however old the children are it can be interesting to have a go!

It is so lovely to hear about how children have prepared and practiced talking about their projects to hear some fascinating facts about the topics explored. It is so obvious to see how when children have practised or owned the project, they grow in confidence to speak in front



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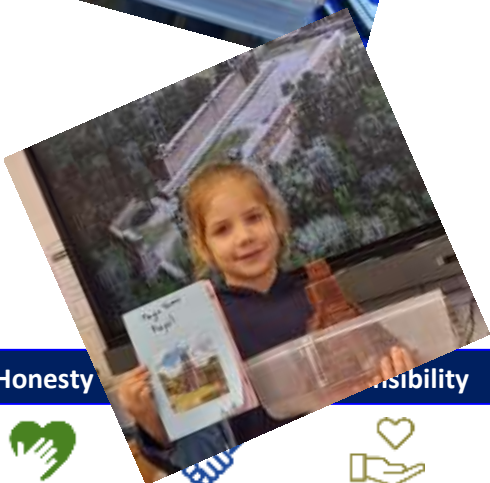
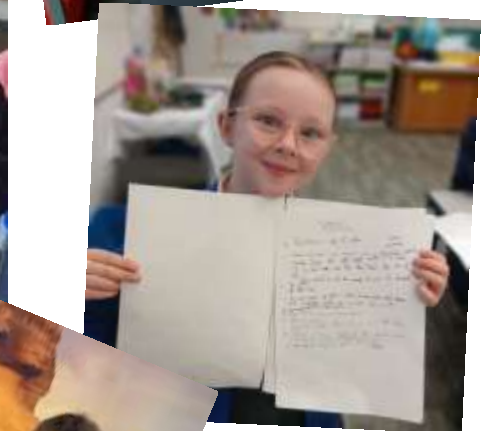
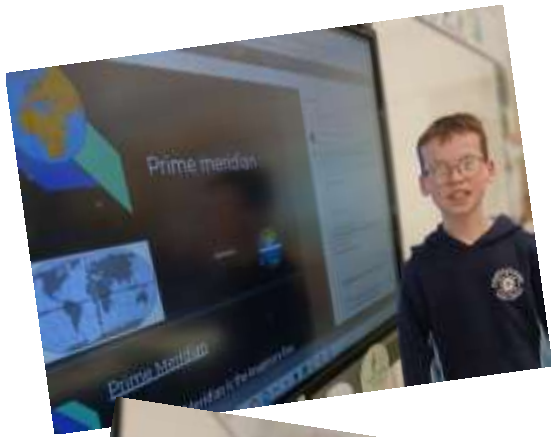
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of friends. This has such an impact on their confidence and long term presentation skills.
Thank you for supporting the children to prepare for Home Learning Day.



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St. Andrew's School



THE CHURCH OF ENGLAND
OUTSTANDING

We are looking to encourage families to nominate fellow friends and community members for our Community Awards. Please talk to the children to discuss nominating someone you know and may need recognising.

PLEASE CONSIDER NOMINATING SOMEONE IN OUR COMMUNITY

Please ask the children who they would like to vote for.

Celebrating Our Community Heroes - We are thrilled to announce the launch of our Community Awards! This initiative provides a wonderful platform for our community to recognise and celebrate the inspiring individuals who make Kirkby Lonsdale such a special place. We invite you to nominate your local heroes in categories such as **Fundraising Hero, Healthcare Hero, Brave Hero, Business Hero and Ultimate Hero.**

Here are a few individuals who I believe deserve recognition:

- **Fundraising Hero:** Volunteer or Organisation - for their tireless efforts in raising funds. Their dedication has made a significant difference to our community.
- **Healthcare Hero:** Healthcare professional, for their compassionate care and commitment to the well-being of our community. Their tireless efforts have brought comfort and healing to countless individuals.
- **Brave Hero:** Local individual who has overcome adversity, for their incredible strength and resilience in the face of challenges. Their inspiring story serves as a beacon of hope and courage for others.
- **Ultimate Hero:** A local hero who has made a huge difference in our community for their dedication to making Kirkby Lonsdale a better place. Their selfless service has enriched the lives of many.
- **Business Hero:** A local business that is making a huge difference in our local area and contributing to community.



Please follow the nomination link to share your nominations.

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<https://eu.jotform.com/form/250145255364352>

Our School Council will carefully review each nomination and select the worthy recipients of these prestigious awards. We are excited to celebrate the remarkable individuals who make a difference in our community.

Geography Challenge

KS2 Half Term Geography Challenge!

Miss Broome is setting a Geography Challenge for Years 3-6 over half term.

This is completely optional but it would be fantastic for lots of children to get involved! The challenge will focus on both UK and world knowledge by naming counties, UK mountains and rivers, country flags, capitals, continents and oceans. The challenges will be given out to KS2 pupils at the beginning of next week and if completed must be returned to Miss Broome by no later than **Friday 28th February 2025**. Keep a look out for this coming home and I look forward to seeing the completed challenges. Have fun with it and there might even be small prizes for excellent entries!

No problem at all though if you have a very busy half term already - it's completely optional but there for those who would enjoy doing it. Thank you.

Midday Supervisor Vacancy



We have a vacancy for a Midday Supervisor for various days and we are hoping members of the school community or wider community might apply for this position. Please contact our school office for further details.

<https://www.stmarys-kl.cumbria.sch.uk/vacancies-2/>

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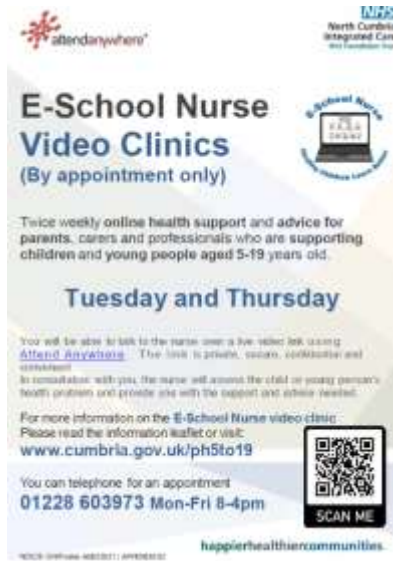
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Help is at hand . . .



attendanywhere

North Cumbria Integrated Care

E-School Nurse Video Clinics

(By appointment only)

Twice weekly online health support and advice for parents, carers and professionals who are supporting children and young people aged 5-19 years old.

Tuesday and Thursday

You will be able to talk to the nurse over a live video link using [Attend Anywhere](#). The link is private, secure, confidential and convenient.

In consultation with you, the nurse will assess the child or young person's health problem and provide you with the support and advice needed.

For more information on the E-School Nurse video clinic, please read the information leaflet or visit: www.cumbria.gov.uk/ph5to19

You can telephone for an appointment: **01228 603973 Mon-Fri 8-4pm**

happierhealthcommunities

Parenting is not always easy and children present challenges at times that can seem daunting for parents. **The school nurse team are able to support families with sleep issues, bed wetting, behaviour problems at home, food issues and many others.**

The school nurse team are at hand to support you, please do make use of their expertise and experience by calling and making an appointment if you need help and advice.

Picture News.

We have attached another picture news article to support discussion at home about the subject we will be exploring next week. Tourism and the Impact on the Community.



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Half Term ...



BOUNCEFEST IS BACK IN KIRKBY LONSDALE!

**NON-STOP FUN!
BOUNCE, SLIDE AND PLAY!**

**THURS 29TH-SAT 31ST MAY 2025
FOR CHILDREN AGED 0-12 YRS**

Lunesdale Sports Centre, LA6 2FQ

www.bouncefestuk.com

Tickets £7.95 - £13.95

**THERE ARE 11 TIME SLOTS TO CHOOSE FROM!
GRAB YOUR TICKETS TODAY**

Hardy's Bouncefest UK



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