



### Newsletter # 1 - Autumn Term

Dear Parents,

What a fantastic start to the year we have had. Considering the slight disruption due to the roofing situation, our children have adjusted and settled very well in school. It is obvious that despite occasional and expected nerves, the children have begun to get into routines and are beginning to get back to a more normal school situation.

On behalf of everyone at school, I would like to extend a very warm welcome. I am very aware that for our new families last year's situation meant you were unable to visit very much in school. We hope to get to know you as much as possible and I hope this newsletter also keeps you in touch with what is happening in school. Please make sure you establish good relationships with the class teacher, as best possible. I also hope that the class letters, planners and reading records allow you see what is going on each week with reading, spelling and, especially in the juniors, homework.

Whilst we have had an incredibly positive return to school, we know this is against the backdrop of increasing Covid-19 numbers in the area. We continue to follow local and national guidance and will keep informed of developments.

We will keep you up to date with any temporary adjustments we need to make in the junior classes as the roofing contractors progress with the slates on our roof. Thankfully the weather has been relatively favourable so far which means progress is being made, however we know what the weather can be like.

Have a lovely weekend and we look forward to seeing everyone next week.

Mr Jones Mrs Jamieson Mr Bromley













### Free School Meals

Free school meals and clothing vouchers are available for your child(ren) if you receive one of the following qualifying benefits:

- **Income Support (IS)**
- Income Based Jobseekers Allowance (IBJSA)
- An income related Employment and Support Allowance
- Support under part VI of the Immigration and Asylum Act 1999
- Child Tax Credit, provided you are not entitled to Working Tax Credit and have an annual income (as assessed by Her Majesty's Revenue and Customs) that as of April 2012 does not exceed £16,190. Note: From 1st May 2009 where you are entitled to Working Tax Credit during the four week period immediately after your employment ceases, or after you start to work less than 16 hours per week, your children are entitled to Free School Meals, this may be extended
- The Guarantee element of State Pension Credit
- **Universal Credit**

If you receive working tax credits you may not be eligible for free school meals or clothing grants.

Children who receive Income Support or Income Based Jobseekers Allowance in their own right are also entitled to receive free school meals.

Please follow this link if you wish to apply.

https://cumbria.gov.uk/childrensservices/schoolsandlearning/freeschoolmeals.asp

## Congratulations

This year has seen the highest participation in Year 6 speeches to apply for Head boy and Girl.



This year 6 class are clearly highly motivated and, based on the speeches, very articulate. I would like to applaud those who took part, diligently listened and support each other and voted. It is my pleasure to announce that Fraser and Daisy are now our Head boy and Girl and Charlotte and Austin are their Deputies. Congratulations.







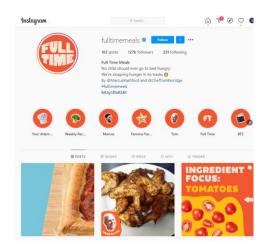








## Please support this fantastic initiative and cook together





#### **Healthy Start Scheme**

The Healthy Start scheme provides vouchers to support pregnant women or those with children aged under 4. If you live in England, Wales or Northern Ireland you may be able to claim free vouchers, or payments every 4 weeks to spend on:

- Fresh, frozen or tinned fruit and vegetables
- Fresh, dried, and tinned pulses
- Cow's milk
- Infant formula milk
- You can also get free Healthy Start vitamins.
- Healthy Start food vouchers are sent out by post every 4 weeks and Healthy Start vitamins voucher every 8 weeks. Head to the Healthy Start website for further information:

Please follow the link below to check eligibility and register for support:

https://endchildfoodpoverty.org/healthy-start





**Trust** 









## Instagram / Facebook







@stmaryskl @StMarysKL @stmaryskl

Do you use social media? If, so please follow our school to keep up with daily updates showing what is happening in school. This is also useful for family members who are not local.

## PE Coaching and After School Club-2021-22



For anyone who is new to school, I would like to introduce Danny Harper. Danny is a local coach and judo coach at Craven Judo Academy. For many years now, Danny has supported PE lessons and he will continue to do so this year. This year, he will be delivering PE, with staff, to each year group throughout the year. For this half term, Danny will be working with Year 2 and 3 on Thursday afternoons.

At the end of the day, Danny will offer a free Fitness Club from 3:15-4:15 on Thursdays on the Junior Yard. This is funded by school. The club has limited places (20) and you can apply for this via the link below.

https://forms.gle/GTca5QwrG7rgQFG87

We will email you to confirm you child has a place at the beginning of next week.

## Covid – 19 update

As many of you will be very aware, there has been a large increase in cases in the area. Some of these cases have presented with cold like symptoms and produced negative Lateral Flow results, but positive PCR test results. Please keep this in mind over the next few weeks and do keep in touch if you have any concerns.













#### **PSHE** and RSE

PSHE education is compulsory in independent schools, and the majority of the subject is now compulsory in all schools (including maintained, academies and free schools) from September 2020.

Relationships Education is now compulsory at key stages 1 and 2; Relationships and Sex Education (RSE) is compulsory in key stages 3 and 4, and Health Education at from key stage 1 to 4. Statutory guidance outlines what schools must cover, but not all that should cover as part of broader PSHE provision that also includes economic wellbeing and careers education. PSHE education was already a requirement in independent schools. This is always delivered at an age appropriate level.

The Department for Education (DfE) considers PSHE education 'an important and necessary part of all pupils' education and says that the 'All schools should teach PSHE'. Section 2.5 of the national curriculum also states that all state schools 'should make provision for personal, social, health and economic education (PSHE), drawing on good practice'.

Like many schools, we have joined the UK's PSHE Association, which provides excellent planning to enable us to deliver the curriculum. As a start to term various classes will be using S.U.M.O. <a href="https://www.sumo4schools.com/the-six-sumo-principles">https://www.sumo4schools.com/the-six-sumo-principles</a> Which we used throughout lockdown in 2019, to process the pandemic. The overview below should prove helpful in looking at the coverage to meet the curriculum expectations.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How can friends communicate safely?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How will we grow and change?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	

In Year 5 and 6, when relationships and sex education is discussed, parents will be informed in advance of the content. This is typically delivered by a combination of teachers and local doctors or nurses who support our school.













## Job Vacancy

We are excited to announce, on behalf of Dolce (our catering team), the role of Kitchen Assistant for our school. It is 15 hours a week, Monday to Friday, term time only. If you are interested in this role, please contact Mrs Billington in the school office who will have more information for you. admin@stmarys-kl.cumbria.sch.uk

### School Nurse







# **E-School Nurse** Video Clinics



Twice weekly online health support and advice for parents, carers and professionals, supporting children and young people aged 5-19 years old.

## **Tuesday and Thursday During school term only**

You will be able to talk to the nurse over a live video link that is private, secure, confidential and convenient for you. In consultation with you, the nurse will assess the child or young person's health problem and provide you with the support and advice needed.

For more information on the E-School Nurse video clinic please read the information leaflet or visit:

www.cumbria.gov.uk/ph5to19

You can telephone for an appointment

01228 603973 (Monday - Friday 08:00-16:00)

happierhealthiercommunities.















## Welcome back!





Honesty



Trust



Responsibility







Mr Brian Jones bjones@stmarys-kl.cumbria.sch.uk

R.E./Worship Subject Leader Maths Subject Leader

Head Teacher



Mrs Dawn Winnard dwinnard@stmarys-kl.cumbria.sch.uk

PE Subject Leader Nursery Teacher

Nursery Teacher



Mrs Emily Hutchinson ehutchinson@stmarys-kl.cumbria.sch.uk

> Reception Class Teacher Art Subject Lead NQT Lead

RSE/PSHE/Outdoor Lead



Mrs Andrea Day aday@stmarys-kl.cumbria.sch.uk

Mrs Kerri Wadsworth

Year 1 Class Teacher PE Subject Lead



Mrs Katie Jamieson kjamieson@stmarys-kl.cumbria.sch.uk

kwadsworth@stmarys-kl.cumbria.sch.uk

Year 1 Class Teacher Deputy Head Teacher NQT/Student Mentor



Ms Amy Hackett ahackett@stmarys-kl.cumbria.sch.uk Year 2 Class Teacher Music Subject Lead



Mr Duncan Bromley dwbromley@stmarys-kl.cumbria.sch.uk Year 3 Class Teacher Deputy Head Teacher Computing Subject Lead



Mrs Laura Gates lgates@stmarys-kl.cumbria.sch.uk

Year 3 and 5 Teacher Science Subject Lead



Mrs Stephanie Neale sneale@stmarys-kl.cumbria.sch.uk Year 4 Class Teacher PPA Teacher - Year 6 French - Subject Lead



Mrs Suzanne Thomas sthomas@stmarvs-kl.cumbria.sch.uk Year 4 Class Teacher History Subject Lead



Mrs Melissa Smith msmith@stmarvs-kl.cumbria.sch.uk Year 5 Teacher Science/DT Subject Lead. SENDCo



Mr Danny Yates dyates@stmarys-kl.cumbria.sch.uk

Year 6 Class Teacher Geography Subject Lead















