

Bringing hope to a hungry world

Mary's Meals sets up school feeding projects in some of the world's poorest communities where poverty and hunger prevent children from gaining an education.

Our idea is a simple one that works:

- We provide a daily meal in a place of learning to attract chronically poor children into the classroom where they receive an education, which can set them free from poverty in later life.
- Mary's Meals began by feeding 200 children in Malawi in 2002 — today we are feeding over a million children every school day across four continents.
- In schools where children receive Mary's Meals, there is a rise in school enrolment, attendance, and attainment.

There are 300 million chronically hungry children in the world. Around 57 million of these children are out of school. Our work is only just beginning.

We are committed to keeping our running costs low. For every **£1** you donate, we spend at least **93p** on our charitable activities.



IT COSTS **£12.20** to feed a child for a whole **SCHOOL YEAR**



In 2002, the Mary's Meals vision was born. Founder Magnus MacFarlane-Barrow visited Malawi during a famine and met a mother dying from AIDS. When he asked her eldest son, Edward, what his dreams were in life, he replied simply...

...“I want to have enough food to eat and to go to school one day.”

That moment was a key part of the inspiration that led to the founding of Mary's Meals, which reaches impoverished children who can't go to school because they're working, begging or doing whatever it takes to eat.

Thanks to the efforts of supporters around the world, these children are sitting in a classroom with full stomachs, gaining an education that can be their ladder out of poverty in the future.

Most of our work is done by an army of volunteers, who carry out lots of little acts of love on behalf of Mary's Meals.

Our work is named after Mary, the mother of Jesus, who brought up her own child in poverty. We consist of, respect, and reach out to people of all faiths and none.

“If you cannot feed a hundred people, then feed just one.”

Mother Teresa



HELP US REACH THE NEXT CHILD

Please fill in this form and return to: Mary's Meals, FREEPOST NATN 448, Dalmally, PA33 1BR

MY DETAILS ARE:

Full name:		
Home address:		
Postcode:	Tel no:	
Email address: (To receive regular updates)		

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If you are a UK taxpayer, we can reclaim 25p of tax on every £1 you donate under the Gift Aid scheme at no extra cost to you. This will be used to help us feed more children. I would like Mary's Meals to treat this donation, all donations that I have made over the past four years and all future donations, until I notify you otherwise, as Gift Aid donations. I have paid enough income tax and / or capital gains tax to cover the amount of tax that all charities and Community Amateur Sports Clubs I donate to will reclaim for that tax year. I understand other taxes such as Council Tax and VAT do not count, and Mary's Meals will reclaim 25p of tax on every £1 that I give.

MAKE A DONATION

I would like to make a single donation of £

Please debit my MasterCard / Visa / Maestro / CAF charity card (Delete as appropriate)

Card number:

Start date: Expiry date: Issue No: (if appropriate)

Signature: Date:

OTHER WAYS TO DONATE

- By cheque / postal order. Please make payable to Mary's Meals and send to the address at the top of this page.
- Make a bank transfer to our account using the following details.
Mary's Meals Account Number: 00609134 Sort Code: 83 26 24

I want to donate on a regular basis Monthly Annually Please fill in the Direct Debit Instruction below.

mary's meals <small>a simple solution to world hunger</small>	INSTRUCTION TO YOUR BANK OR BUILDING SOCIETY TO PAY BY DIRECT DEBIT	DIRECT Debit
Please fill in the whole form using a ball point pen and send to: Mary's Meals, FREEPOST NATN 448, Dalmally, PA33 1BR		
Name and full postal address of your bank/ building society		
To: The Manager	Bank/Building Society	Service user number 6 7 4 6 9 3
Address:		Reference
Postcode:		Instruction to your Bank or Building Society Please pay Mary's Meals Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with Mary's Meals and, if so, details will be passed electronically to my Bank/Building Society.
Name(s) of account holder(s)		
Bank/building society account number		Signature(s):
Branch sort code		Date:

Banks and building societies may not accept Direct Debit Instructions for some types of account.

DIRECT Debit The Direct Debit Guarantee (This Guarantee should be detached and retained by the payer). This guarantee is offered by all Banks and Building Societies that accept instructions to pay Direct Debits. • If there are any changes to the amount, date or frequency of your Direct Debit, Mary's Meals will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request Mary's Meals to collect a payment, confirmation of the amount and date will be given to you at the time of the request. • If an error is made in the payment of your Direct Debit, by Mary's Meals or your Bank or Building Society, you are entitled to a full and immediate refund of the amount paid from your Bank or Building Society. If you receive a refund you are not entitled to, you must pay it back when Mary's Meals asks you to. • You can cancel a Direct Debit at any time by simply contacting your Bank or Building Society. Written confirmation may be required. Please also notify us.



mary's meals

a simple solution to world hunger



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Our Vision

Our vision is that every child receives one daily meal in their place of education, and that all those who have more than they need, share with those who lack even the most basic things.

Get in Touch

Mary's Meals, Craig Lodge,
Dalmally, Argyll, Scotland,
UK, PA33 1AR

Freephone: 0800 698 1212
Telephone: +44 (0)1838 200 605
Email: info@marysmeals.org



Join us online to find out how you can help Mary's Meals



/marysmeals

find us on:



@marysmeals



www.marysmeals.org 

You can donate

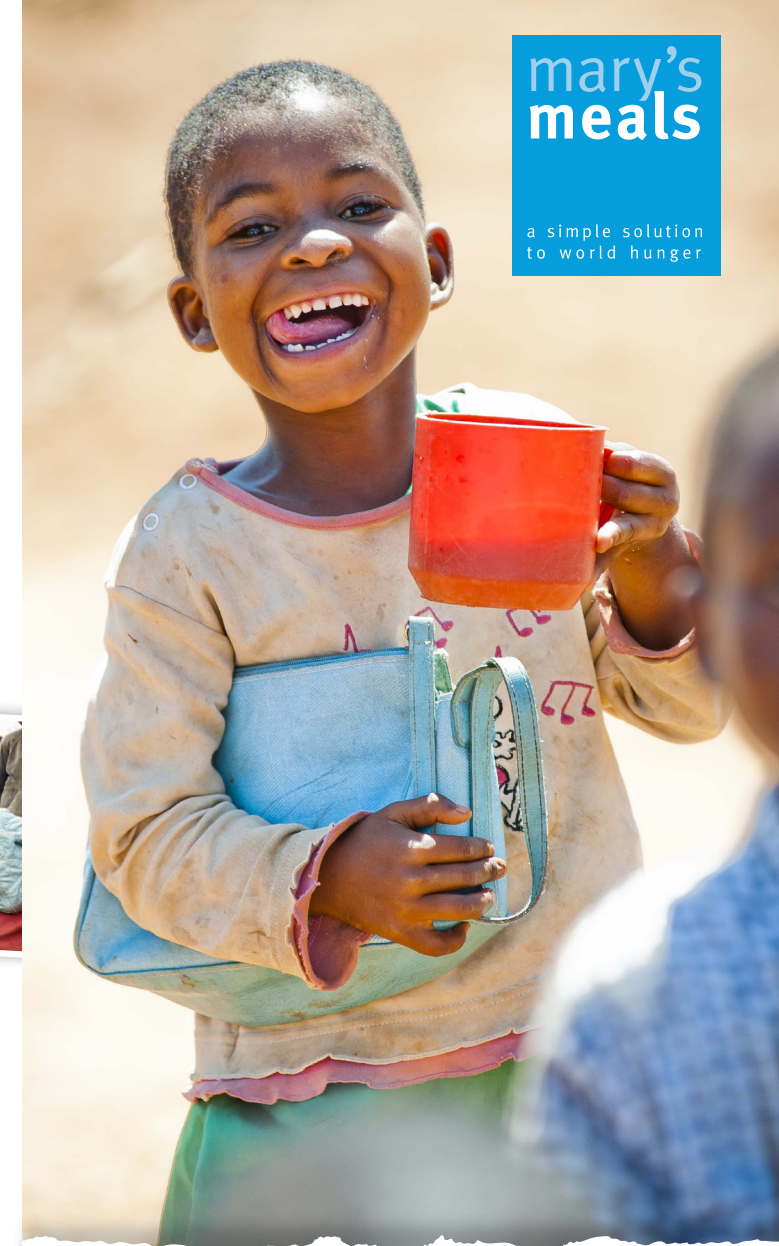
via freephone on 0800 698 1212
or online at:

www.marysmeals.org

You can also make mobile phone donations by texting MMSF15 followed by the amount you'd like to donate to 70070 e.g. MMSF15 5 to donate £5 or MMSF15 10 to donate £10 and so on (donations will be charged to your phone bill or deducted from your pay-as-you-go credit). To boost your donation by claiming Gift Aid, follow the simple instructions in your reply.

Thanks for your support!

Registered Charity: SC022140 Limited Company: SC265941



It costs just **£12.20**
to feed a child
with Mary's Meals for
an entire school year.